Investigating the determinants of food choice, lifestyle and health in European children, adolescents & their parents
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Prevention of childhood obesity: Results from the IDEFICS study

A supplement volume of Obesity Review

Guest editors: Iris Pigeot, Tom Baranowski, and Stefaan De Henauw

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**Notes for Editors:**
1. The I.Family Study is an EC funded project under Framework 7 of the KBBE programme running from March 2012 to February 2017. It has 17 partners, working across 11 countries and with cohorts in 8 European countries - Germany, Italy, Sweden, Hungary, Cyprus, Estonia, Spain and Belgium.

2. The study has two strategic objectives:
   (1) Understand the interplay between barriers against and drivers towards healthy food choice;
   (2) Develop and disseminate strategies to induce changes that promote healthy dietary behaviour in European consumers especially adolescents and their parents.

3. The I.Family Study is re-assessing the families first engaged with the Identification and Prevention of Dietary- and Lifestyle-Induced Health Effects in Children and Infants Study (IDFICS), when children were below 10 years of age, now that they move into adolescence - the ‘tween’ years - identifying those families that have adopted a healthy approach to food and eating habits and those that have not. I. Family is adopting a holistic approach by also investigating the biological, behavioural, social and environmental factors that drive dietary behaviour as children journey towards adulthood.

4. I.Family study partners

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