



Some years ago the European project IDEFICS was set up. This project studied dietary habits, body composition, height and weight in children. In Belgium the community of Aalter and the city of Geraardsbergen participated to this study. Based on the results from IDEFICS the European Commission granted a follow-up study, namely the I.FAMILY study. This study aims at measuring the children that previously participated to IDEFICS but this time, if possible, would also like to involve participants' parents and siblings. So far, measurements in Aalter took place in spring 2013. Measurements in Geraardsbergen, on the other hand, will take place in the autumn 2013.

If you participated with at least one of your children to IDEFICS in Geraardsbergen and you would like to know more about the follow-up study I.FAMILY and the measurements that we are planning to do in the autumn in Geraardsbergen, don't hesitate to contact us for further information via e-mail (ifamily@ugent.be).

As a result of the measurements that already took place in Aalter the I.FAMILY Study got some media attention which you can see by following the links below.

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