Welcome to the Dutch part of the I.Family website! The I.Family study examines how the way of eating and the lifestyle of young people in Europe influence their health.

16.000 children and their families are being examined by I.Family in 8 countries throughout Europe – Belgium, Cyprus, Estonia, Germany, Hungary, Italy, Spain and Sweden – to examine the interplay of lifestyle, eating behavior, physical activity and genetic factors.

In the Netherlands the UMC Utrecht is involved with the I.Family study in the area of genetics, brain processes and neuropsychology. For the examination of brain processes Dutch children and parents are participating as well, where brain reactions during food viewing and food choice will be researched.

We are still looking for children between 10-13 years of age and their parents who would like to participate in the Utrecht research! During participation a functional MRI scan will be made while food is viewed and a snack will be chosen. For participation parents and children will receive 25 euro and free pictures of their brains! Travel and parking expenses will be reimbursed.

Would you like to know more or do you wish to participate, then go to the Dutch I.Family Facebook [www.facebook.com/IFamilyNL](http://www.facebook.com/IFamilyNL) or send a message to I.Family@isi.uu.nl.